

## SAFE PRACTICE GUIDANCE



**GET TO KNOW YOUR  
SOCIAL BUBBLE!**



**2 MINUTE  
HAND WASH  
CHALLENGES!**



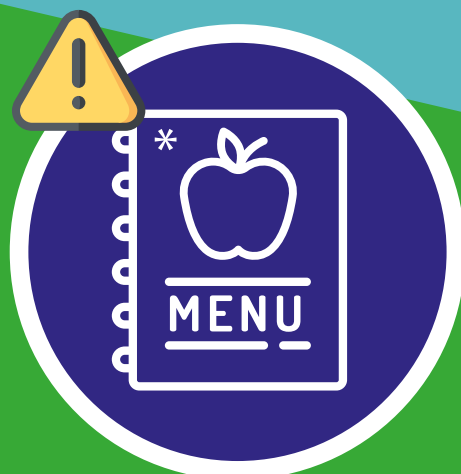
**LET'S EXPLORE  
THE  
OUTDOORS!**



**AVOID HI 5'S &  
HANDSHAKES - LET'S DO  
THE TOE TAP!**



**CLEAN  
RESOURCES  
LETS YOU SHINE!**



**ENJOY A NEW  
MENU & SNACK  
TIME SETUP!**

## FOR PARENTS

- During arrival and dismissal, To reduce the interaction, parents/guardians will not be required to drop off or collect inside the school – where possible our teams will collect from school gate or designated drop off/collection area specific to each school
- If possible, registration will take place outside
- Fit for Sport staff can counter sign the children in and out with parents' permission, ensuring that staff/parents do not have to share pens and/or sign in on tablet



## FOR STAFF

- On arrival ALL children will be asked to wash their hands
- On arrival ALL staff will wash their hands
- Avoid high fives/holding hands, - our new meet and greet includes the foot tap
- Staff and Children will wash their hands before and after every session
- Chairs and tables to be set up adhering to the latest social distancing guidelines where possible
- Staff will reinforce 'social bubble' guidelines
- Hand sanitiser will be available for staff, children and parents where possible
- Tissues/wipes will be available at all times
- Fit For Sport staff will try to ensure that physical contact children is kept to a minimum
- Fit For Sport staff will continue to promote key messages of hygiene and well-being as per government guidelines
- Fit For Sport staff will reassure children regularly that steps are being taken to keep them safe
- Fit For Sport staff will clean all resources, where possible, before and after use
- Staff will minimise children having to make contact with food at club. In our larger clubs we will be staggering snack times within each respective bubble.

## DELIVERY OF ACTIVITIES

- Clean surfaces, resources/equipment after use
- Outdoor activities as much as possible
- Where Fit For Sport have access to outdoor or other larger space areas, these will predominantly be used for activities
- Sitting activities and circle activities will be delivered in large areas
- Deliver Team games where appropriate
- Areas of the playground to be allocated to specific bubble groups

