

Fit For Sport Good Practice, Social distancing & COVID-19 advice.

Parents

- During arrival and dismissal, parents must remain at least 2 metres apart in distance
- If possible, registration will take place outside
- Fit for Sport staff can counter sign the children in and out with parents' permission, ensuring that staff/parents do not have to share pens
- Parents are encouraged to bring their own pens/gloves where possible

Children and Staff

- On arrival **ALL** children will be asked to wash their hands
- On arrival **ALL** staff will wash their hands
- Staff and Children will wash hands before and after every session
- Chairs and tables to be set up at least 2 metres apart where possible
- Staff will reinforce site rules agreement daily, speaking with children throughout the day regarding their 'personal bubble' that no one should enter
- Fit For Sport will provide hand sanitiser where possible
- Fit For Sport staff will ensure tissues/wipes are available
- Fit For Sport staff will try to ensure that physical contact children is kept to a minimum
- Fit For Sport staff will continue to promote key messages of hygiene and well-being as per government guidelines
- Fit For Sport staff will reassure children regularly that steps are being taken to keep them safe
- Fit For Sport staff will clean all resources, where possible, before and after use
- No hand shaking, high 5's or holding hands

Delivery

- Clean surfaces, resources/equipment after use
- Outdoor activities as much as possible
- Sitting activities and circle activities will be delivered in large areas
- Team games where appropriate
- Avoid adventure playgrounds as advised by the government

The above will updated and reviewed daily and is subject to change